

- Ready

● Pending
- LISTEN

TTS script → ttsmaker.com
- READ

HTML material
- REF

Quick-reference card
- BRIEF

Official document
- SIM

Simulated walkthrough
- ★ CORE

Must-do
- + EXT

If time allows
- L1

Acquire knowledge
- L2

Apply in context
- L3

Integrate & perform

BEFORE YOU START

Orientation — read once, refer back

L1 ACQUIRE

★ CORE

TASK SPEC

What the exam requires

- BRIEF

OSCE Information 2026 · not included
- READ

Video captions — task overview · not included
- LISTEN

Max feedback example (audio) · not included

PROCESS

How the station works — learn this first

- LISTEN

P1 — Interview Opening & Orientation
- LISTEN

P2 — Diagnostic Interview Flow (5 phases)
- LISTEN

P4 — Verbal Handover (6-section structure)

WEEK 1

Eating Disorders & Schizophrenia Spectrum

L1 ACQUIRE

★ CORE

DAY 1

Eating Disorders — know the shape

- LISTEN

TTS1 — Eating Disorders (loop ×2)
- READ

S1 — Concept Map
- READ

S2 — Cardinal Criteria (ARFID / AN / BN / BED)

DAY 2

Schizophrenia Spectrum — duration is the key

- LISTEN

TTS2 — Schizophrenia Spectrum (loop ×2)
- READ

S1 — Concept Map
- READ

S2 — Cardinal Criteria

DAY 3

Week 1 review + MSE observation layer

- LISTEN

TTS1 re-listen (passive — commute/background)
- LISTEN

TTS2 re-listen
- LISTEN

P3 — MSE Observation (7 domains)
- REF

QR-1 — Duration Cheat Sheet

WEEK 2

Anxiety Disorders & OCD-Related

L1 ACQUIRE

★ CORE

DAY 4

Anxiety Disorders

- LISTEN

TTS3 — Anxiety Disorders (loop ×2)
- READ

S1 — Anxiety Concept Map
- READ

S2 — Anxiety Cardinal Criteria

DAY 5

OCD-Related Disorders

- LISTEN

TTS4 — OCD-Related (loop ×2)
- READ

S1 — OCD-Related Concept Map
- READ

S2 — OCD Cardinal Criteria

DAY 6

Week 2 review + AOD rule-out process

- LISTEN

TTS3 re-listen

LISTEN

TTS4 re-listen

LISTEN

P5 — AOD & Medical Rule-Out

REF

QR-3 — AOD Questions Bank

WEEK 3

Bipolar, Depressive & Trauma-Stressor Disorders

L2 APPLY

★ CORE

DAY 7

Bipolar & Depressive — episodes first

LISTEN

TTS5 — Bipolar & Depressive (loop ×2)

READ

S1 — Bipolar & Depressive Concept Map

READ

S2 — Cardinal Criteria

DAY 8

Trauma & Stressor-Related

LISTEN

TTS6 — Trauma & Stressor (loop ×2)

READ

S1 — Trauma & Stressor Concept Map

READ

S2 — Cardinal Criteria

DAY 9

Week 3 review + DDx reasoning

LISTEN

TTS5 re-listen

LISTEN

TTS6 re-listen

LISTEN

P6 — DDx Reasoning Aloud (6 key pairs)

LISTEN

P7 — Substance-Induced Variants

WEEK 4

Integration, DDx Mastery & Simulation

L3 INTEGRATE

★ CORE

DAY 10

Cross-category DDx review

READ

Master DDx Tool — all 6 categories, filterable by c...

LISTEN

P6 — DDx Reasoning (re-listen)

REF

QR-1 — Duration Cheat Sheet (full pass)

DAY 11

Simulated station + handover practice

SIM

SIM-1 — Full GAD Station Walkthrough

REF

QR-2 — Handover Template (practise aloud)

DAY 12

Final sweep — all 6 categories

LISTEN

TTS1 — Eating Disorders

LISTEN

TTS2 — Schizophrenia Spectrum

LISTEN

TTS3 — Anxiety Disorders

LISTEN

TTS4 — OCD-Related

LISTEN

TTS5 — Bipolar & Depressive

LISTEN

TTS6 — Trauma & Stressor

EXTENSION

Process Mastery — layer in across all 4 weeks

L2 APPLY

+ EXT

PROCESS

Interview technique — all process scripts

LISTEN

P1 — Interview Opening

LISTEN

P2 — Interview Flow (5 phases)

LISTEN

P3 — MSE Observation (7 domains)

QUICK REF

Reference cards — open any time

REF

QR-1 — Duration Cheat Sheet (all 6 categories)

REF

QR-2 — Handover Template + fail points

REF

QR-3 — AOD & Medical Questions Bank

LISTEN

P4 — Verbal Handover (6 sections)

LISTEN

P5 — AOD & Medical Rule-Out

LISTEN

P6 — DDx Reasoning Aloud

LISTEN

P7 — Substance-Induced Variants

REF

4-Week Study Calendar

OSCE Navigator v1.3 · OSCE Preparation · Mindspan Pty Ltd · 2026

v1.0 Complete ✓ — 6/6 diagnostic · 7 process · 3 QR · 1 SIM · W3 maps · W4 Master DDx

© Mindspan Pty Ltd. All rights reserved.